

**INSTRUCTIONS**

This assignment is designed to be completed in Lesson 22 of the Platinum Steno Theory Class. Please follow all of the instructions in the video before attempting to complete this assignment.

**22.1 WORD PRACTICE**

-FT for words ending in -ST

1.	fast	FAFT	best	BEFT	tryst	TRIFT	rust	RUFT
2.	beast	BAEFT	taste	TAIFT	trust	TRUFT	toast	TOEFT
3.	must	MUFT	test	TEFT	last	LAFT	least	LAEFT
4.	infest	IN/FEFT	jest	JEFT	haste	HAIFT	east	AEFT
5.	west	WEFT	post	POEFT	boast	BOEFT	incest	IN/SEFT
6.	past	PAFT	paste	PAIFT	dust	DUFT	just	JUFT
7.	cast	KAFT	zest	ZEFT	lost	LOFT	loft	LAUFT
8.	list	LIS	lift	LIFT	worse	WORS	worst	WORTS
9.	first	FIRS	thirst	THIRS	burst	BURS		

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**22.2 PRACTICE SENTENCES**

- |                                     |                                   |
|-------------------------------------|-----------------------------------|
| 1. We are going east on the road.   | The land is east of the highway.  |
| 2. Go west to the turnoff.          | How far west is the river?        |
| 3. You must take the test today.    | How was the last test?            |
| 4. That is the least you can do.    | At least they tried to hurry.     |
| 5. Please don't drive too fast.     | The lead car set a fast pace.     |
| 6. Wait until the paste dries.      | Paste the photo in the book.      |
| 7. His horse came in last.          | Last night I didn't sleep.        |
| 8. In his haste he fell down.       | She acted in haste.               |
| 9. I know it was said in jest.      | He did not mean to jest about it. |
| 10. Wash off all the rust.          | It will rust if you leave it out. |
| 11. Do the very best you can.       | Where is the best place for it?   |
| 12. Did you taste the shortcake?    | It has a really bitter taste.     |
| 13. Who set up the trust?           | Would you trust him wholly?       |
| 14. He is acting like a wild beast. | Don't let the beast escape.       |
| 15. Rig the mast of the ship.       | The main mast was fixed.          |
| 16. You must not leave yet.         | We must have 26 of them.          |

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**22.2 PRACTICE SENTENCES CONTINUED:**

- |  |   |
|--|---|
| 17. Post the credit for the company.   | The postman took the letter.              |
| 18. Just let me off at the corner.     | Would you please just try.                |
| 19. His name is on the list.           | Is the list posted yet?                   |
| 20. He has a thirst for knowledge.     | I have a cast on my arm.                  |
| 21. Who is going to be first?          | She is standing first in line.            |
| 22. I wanted to burst with happiness.  | The balloon will burst from too much air. |
| 23. The children slept in the loft.    | The loft is cold.                         |
| 24. We lost our puppy.                 | They are lost in space.                   |
| 25. I feel worse today.                | She is worse now than before.             |
| 26. That is the worst city to live in. | We played the worst team in the league.   |

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**22.3 THEORY PRINCIPLES:**

-X for -XT

- |    |      |     |      |     |         |         |
|----|------|-----|------|-----|---------|---------|
| 1. | text | TEX | next | NEX | context | KON/TEX |
|----|------|-----|------|-----|---------|---------|

SH- for S

- |    |       |         |      |                  |
|----|-------|---------|------|------------------|
| 1. | sugar | SHUG/AR | sure | SHAOUR (or) SHUR |
|----|-------|---------|------|------------------|

Silent L Words

- |    |      |      |      |      |       |      |
|----|------|------|------|------|-------|------|
| 1. | walk | WAUK | talk | TAUK | folk  | FOEK |
| 2. | half | HAF  | palm | PAUM | psalm | SAUM |

-SURE Words

- |    |          |                          |          |                          |
|----|----------|--------------------------|----------|--------------------------|
| 1. | treasure | TRAEZ/AOUR (or) TRAEZ/UR | pleasure | PLAEZ/AOUR (or) PLAEZ/UR |
| 2. | measure  | MAEZ/AOUR (or) MAEZ/UR   | leisure  | LAOEZ/AOUR (or) LAOEZ/UR |

-TURE or -TUNE Words

- |    |         |                        |         |                          |
|----|---------|------------------------|---------|--------------------------|
| 1. | picture | PIK/TAOUR (or) PIK/TUR | fixture | FIX/TAOUR (or) FIX/TUR   |
| 2. | mixture | MIX/TAOUR (or) MIX/TUR | fortune | FOER/TAOUN (or) FOER/TUN |

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**22.4 PRACTICE SENTENCES**

- |     |                               |                               |                               |
|-----|-------------------------------|-------------------------------|-------------------------------|
| 1.  | He did not read the text.     | The text has 82 pages.        | Put it in context.            |
| 2.  | Johnnie left the next day.    | I was standing next to him.   | Her name will be called next. |
| 3.  | I surely am happy for you.    | The horse is sure footed.     | The sugar is too sweet.       |
| 4.  | Where is the treasure.        | The pleasure is all mine.     | He measured the distance.     |
| 5.  | Send me a picture of her.     | The picture is a treasure.    | The mixture has soured.       |
| 6.  | The treasure is hidden.       | It will be my pleasure.       | Measure the end of it.        |
| 7.  | One can't walk to the lodge.  | My sister talks too much.     | He read the psalm.            |
| 8.  | The psychic reads palms.      | The pitcher palmed the ball.  | Cover my eye with my palm.    |
| 9.  | It is a part of the folklore. | He gave me one half.          | Give me my half.              |
| 10. | I spent a fortune.            | It is a fixture for the hall. | It is not a good mixture.     |
| 11. | Do it at your leisure.        | This is your leisure time.    | What is the context of it?    |



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**22.5 BRIEFS**

- |    |       |       |            |     |             |         |
|----|-------|-------|------------|-----|-------------|---------|
| 1. | worst | WORTS | sufficient | SUF | sufficiency | SUF/SAE |
| 2. | other | AO    | another    | AOT | without     | WOUT    |
| 3. | into  | NAO   | only       | ONL |             |         |

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**22.6 BRIEF DRILLS**

- |    |            |              |              |            |            |
|----|------------|--------------|--------------|------------|------------|
| 1. | without    | other        | another      | sufficient | into       |
| 2. | only       | worst        | opinion      | another    | sufficient |
| 3. | other      | without      | only         | yesterday  | general    |
| 4. | another    | into         | sufficiently | worst      | other      |
| 5. | sufficient | worst        | only         | opinion    | into       |
| 6. | without    | sufficiently | without      | another    | sufficient |
| 7. | only       | into         | other        | worst      | without    |

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**22.7 PRACTICE SENTENCES**

- |    |                                   |                                 |                                 |
|----|-----------------------------------|---------------------------------|---------------------------------|
| 1. | It was the worst winter in years. | The worst rain is over now.     | It is the worst job I have had. |
| 2. | What is on the other side?        | Hand me the other one.          | Take the other basket today.    |
| 3. | I need another copy of this.      | Can you make another goal?      | Give him another picture.       |
| 4. | Don't go out without your coat.   | Without a doubt, it is a snake. | You can't try without help.     |
| 5. | Do you have sufficient help?      | We need sufficient space.       | Take sufficient time to do it.  |
| 6. | Do you have a sufficiency?        | Yes, we have a sufficiency.     | We need a sufficiency of time.  |
| 7. | Walk into the room.               | I went into the store.          | He has gotten into trouble.     |
| 8. | I only have room for five.        | There are only a few left.      | It is the only one left.        |



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**22.8 CONSONANT COMPOUNDS:****KL- AND KH-**

- |    |       |         |           |        |
|----|-------|---------|-----------|--------|
| 1. | clean | clever  | cliff     | clan   |
| 2. | clear | clap    | clove     | clown  |
| 3. | clam  | cluster | clock     | class  |
| 4. | clip  | clad    | clove     | clutch |
| 5. | check | chill   | chop      | chin   |
| 6. | chore | cheat   | cheer     | chip   |
| 7. | chair | child   | chess     | cheat  |
| 8. | choke | chat    | Chapstick | chilly |

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**22.9 PRACTICE SENTENCES**

- |    |                              |                             |                               |
|----|------------------------------|-----------------------------|-------------------------------|
| 1. | The water is clear.          | Come to the clambake.       | It is a cluster of stars.     |
| 2. | Set the clock back tonight.  | The class is really fun.    | Clap for the clown.           |
| 3. | Use a paper clip to hold it. | She is clad in denim.       | Use cloves in the ham.        |
| 4. | The kitchen is clean.        | It is a clever way.         | Where is the clan?            |
| 5. | Don't cheat in the class.    | Try to cheer him up.        | Will you play chess with me?  |
| 6. | Don't choke on the seeds.    | Did you finish your chores? | Chat with her on the phone.   |
| 7. | You should use Chapstick.    | It is chilly tonight.       | He has a bad cut on his chin. |
| 8. | Give the child a chip.       | Sit in the chair.           | Check on the baby chick.      |